

DATE _____ TIME _____

You must speak with someone at the surgical center to confirm your appt time 2 days before your procedure.

GENERAL INSTRUCTIONS

- Do not take any anti-inflammatory medications such as Mobic, Ibuprofen, Advil, Motrin, Naproxen, Aleve, Celebrex, Bextra or other arthritis medications for 5 days prior to your procedure.
- Tylenol (Acetaminophen) is permitted.
- Please speak to your Physician if you are taking ASPIRIN, PRADAXA, XARELTO, PLAVIX, COUMADIN, HEPARIN, ELIQUIS, BRILINTA or any medication to thin the blood or prevent clotting.
- Any Fish Oils, Omega Vitamins and Vitamin E must be stopped 5 days prior.
- Please speak to your Physician if you are DIABETIC for instructions on your medications.
- Please take your BLOOD PRESSURE, HEART and LUNG medications the morning of your procedure with a very small sip of water.

DAY BEFORE PROCEDURE:

Step 1: **NOTHING TO EAT OR DRINK AFTER MIDNIGHT** or THE MORNING OF THE PROCEDURE except for your morning medications with a **VERY SMALL** sip of water.

**YOU WILL BE AT THE HOSPITAL or CENTER FOR APPROXIMATELY 2 HOURS.
YOU MUST HAVE SOMEONE AVAILABLE TO DRIVE YOU HOME.**