

ANORECTAL MANOMETRY

Prep Instructions

NAME _____

DATE _____ TIME _____

NEED TO PURCHASE:

- One fleet enema (in the green and white box)

DAY OF THE PROCEDURE:

- **DO NOT EAT SOLIDS TWO HOURS PRIOR TO YOUR APPOINTMENT**
- Two hours prior to your study, the enema needs to be completed
 - Insert one enema into your rectum and expel it (follow package directions if unsure)

We recommend that you bring an extra set of clothes for your lower body.