

EXAMPLES OF CLEAR LIQUIDS

- Carbonated Beverages
- Coffee (**No Creamer Or Dairy**)
- Gatorade
- Strained lemonade or limeade
- Fruit punches (strained if from fresh fruit)
- Tea (**No Milk**)
- Water
- Gelatin desserts (JELL-O) without added fruit (**No Red or Purple**)
- Italian ice
- Popsicles
- Apple juice Bouillon
- Clear, fat-free broth
- Consomme Honey
- Jelly (**no seeds or fruit pieces**)
- Syrups
- Plain sugar candy in small amounts
- Strained vegetable broth
- You may also strain soups like chicken noodle, chicken rice, etc. and just drink the broth.

No Red or Purple liquids!

No Alcohol!

****5 DAYS PRIOR TO YOUR COLONOSCOPY TRY TO REFRAIN FROM EATING ITEMS WITH SEEDS. (STRAWBERRIES, TOMATOES, CUCUMBERS, ETC.)****

If you have questions, or if you find you cannot tolerate the prep, then please call our patient line at (561) 964-8221.

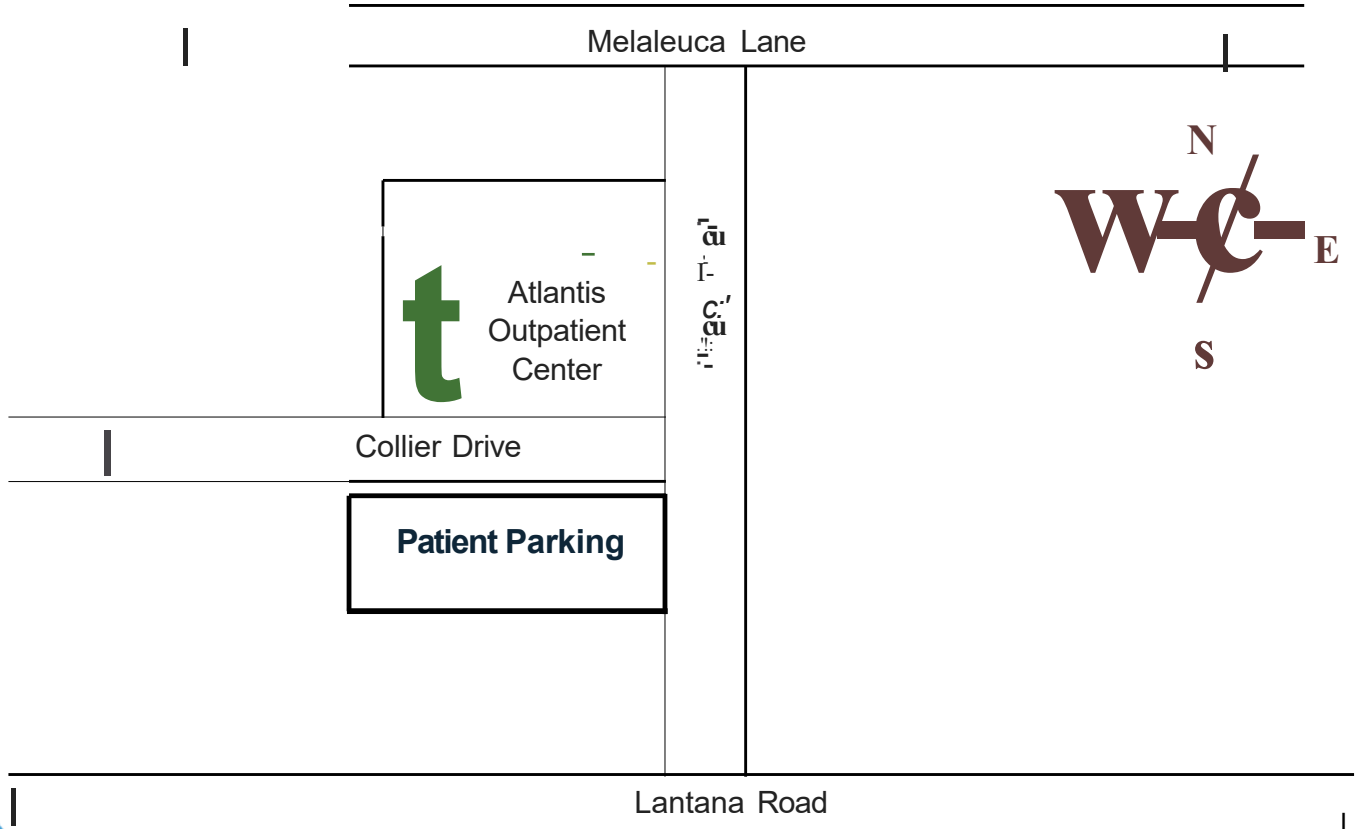


Atlantis Outpatient Center 5645
South Military Trail Lake Worth,
Florida 33463
Ph: 561-964-3966 Fax: 561-964-3995
Appointment Confirmation: Extension 32111

Welcome to Atlantis Outpatient Center!

We are looking forward to providing you superior patient care at our center. One of our pre operative nurses will call you 2 days before your procedure to review your instructions and provide you with your arrival time.

Atlantis Outpatient Center is located on Military Trail approximately 1/2 mile North of Lantana Road on the West side of the road. Patient drop off and pick up is located on the west side of the building accessible from Collier Drive. Patient parking is located on the South side of Collier Drive across from the center.





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Pre-Operative Information

1. After your appointment is booked at the doctor's office, we highly recommend that you pre register on our website.
2. Go to www.atlantissurgerycenter.com and click on the pre-registration tab on the right side of the screen.
3. The click on the Pre-Register Online tab. There is an option to select En Espanol if needed.
4. If you are new to the center, you will select the Register button or log into your account.
5. You will then fill in the requested information. This information assists the nurse in organizing and documenting your medical history to prepare for your arrival.
6. The pre-operative nurse will then call you 2 days before your procedure to review your prep information as well as answer any questions you may have.

Please Have This Paper in Front of Your when the Nurse calls.

Arrival Time to Center _____

Begin 1st part of prep _____ Begin 2nd part of prep (if applicable): _____

Nothing by Mouth at _____

*****It is very important to follow your instructions exactly as the nurse tells you. If you choose to not follow the instructions provided, you risk your procedure being delayed or cancelled*****

Please Note: When having a procedure, three different providers (GI physician, the Center and the Anesthesiologist) will bill your insurance company and/or you. If you have a biopsy done during the procedure, the Pathologist will also bill your insurance company and/or you. Our insurance verifier will call you prior to the day of the procedure to review any deductible information as well as payment options. We take credit cards, checks or Care Credit. Please do not bring cash to the center.